How to live happily?

Secret of happiness lies in gratefulness

There are thousands of ways you can make yourself happy. There are certain conditions that make you depressed don’t worry about your ad situations or worst past or the thinking of future. Everything is planned and will be occur at its perfect timings.

**There are following ways through you can be happy;**

1. *Be grateful for the things you have i.e. health, wealth, your spouse, your family, your parents, your siblings.*
2. *If something is missing then focus on the things that you have but others not.*
3. *Trust me thousands or millions of people are living their lives on footpath they don’t have their house , don’t have enough money to buy food. So first of all be thankful for the blessings you have then 60% of your depression will go away. Because you have valued the things you have. You are lucky and beautiful, so be happy my friends with this.*

I hope you will be agreed with my opinion…

So why are you waiting for to be happy………